



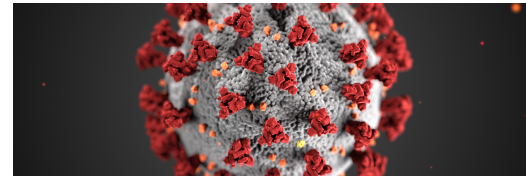
August 30th Nurse's Notes

Welcome Back Students and Families. I will be sharing "Nurse's Notes" a bit differently this year. A newsletter will be sent home the **second Wednesday** of the month with general topics and tidbits. More time sensitive information will be distributed either by email, phone call or in the class newsletter on Fridays. If at any time you have questions or concerns, please reach out to me directly at s.queheillalt@cvillecatholic.org or 434-964-0400. Looking forward to a safe and healthy new school year.

COVID

We will continue to follow the guidance put forth by the Diocese in July of 2022.

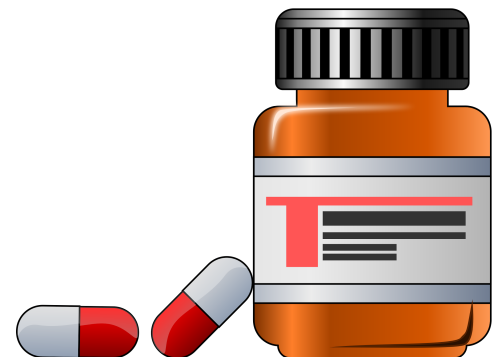
Pursuant to VDH guidance, masks are no longer required or recommended in any school setting (indoor/outdoor) except for isolation purposes after testing positive for COVID. In those cases, persons who test positive for COVID should stay home for 5 days from the onset of symptoms or the day of a positive test. Once symptoms resolve/improve and the individual is fever-free for 24 hours, they may return on Day 6. Masks are recommended through Day 10. While a negative test is not required to return to school on Day 6, it is recommended for individuals who do not wear a mask from Day 6 through Day 10.



REMEMBER with all illness, the student must be free from fever, diarrhea or vomiting for 24 hours without the use of medications before returning to school. I also encourage you to be sure your child is well enough to successfully make it through the day before returning.

Medications

As a reminder, per Diocesan policy, **NO medications, prescription or over the counter**, can be provided to your child without authorization from both a parent **AND** licensed medical provider. The policy and authorization form can be found under Resources in the FACTS Family portal. Please make sure all documents needed to treat your child/children are into the nurse's office ASAP. This includes allergy and asthma action plans!



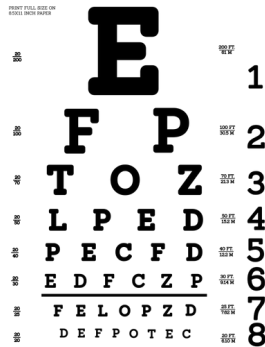
Classroom Snacks/Celebratory Treats



All classroom snacks and any snacks sent in for celebrations with the intention to share, must be peanut/tree nut free. A [Pre-Approved List of acceptable treats](#) is available here and in FACTS. All items will still be reviewed and approved by the school nurse.

Hearing and Vision Screenings

A permission to screen form will be coming home soon to families of kindergarten, 3rd and 7th grade students as well as new students. Your child/children will only be screened if a permission form is completed.



Substitute Request

If you are a nurse and would like to be included on a substitute list, I would greatly appreciate it. Substitutes would typically be given notice if a day is requested such as a pre-planned absence or additional coverage for a field trip. I'm happy to have anyone interested shadow me for a day.

